

Curriculum Vitae

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Expertise:

- Conventional Health Screening (check-up) diagnosis
- Anti-aging/Functional medicine diagnosis and screening: Interpretation of
 - Metabolic disease screening
 - Nutritional status assessment: Macronutrient and Micronutrient
 - Hormone status assessment
 - Metabolism assessment: Urine Organic Acid test
 - Toxic heavy metal test: Urine heavy metal test, blood heavy metal test and heavy metal tissue level (Oligoscan)
 - Immune status screening: Blood CD profiles, NK cells counts and activity
 - Food allergy and Food Intolerance Test
- Digestive Stool Analysis/ Gut Microbiome Testing
- Advanced Cancer Screening Test (Epitope Detection)
- Genetic and Epigenetic Testing
- Lifestyle Medicine:
 - Motivation Interviewing
 - Lifestyle related diseases
 - Nutrition, Dietary and supplement

- Physical activity and exercise
- Stress management
- Anti-aging and Regenerative medicine Prescription
 - Nutrition and Functional Food planning
 - Personalized Dietary Supplements
 - Personalized Intravenous Nutrition
 - Detoxification: Chelation therapy, other detoxified agents
 - Weight management/ Obesity medication and supplement
 - Bioidentical hormone replacement therapy
- Integrative Medicine and Integrative Oncology
- Others: Regenerative and Alternative Medicine
 - Aesthetic Medicine
 - Energy medicine: Bach flower Remedies
 - Cells therapy
- Genetic Counselling
 - Oncology and other genetic related disease
 - Pharmacogenomics

Current Position:

- Anti-aging and Preventive Medicine Doctor, Wellness and Life center, Samitivej Thonburi Hospital (2022-now)
- Anti-aging and Integrative Medicine Doctor, RXV Wellness Clinic (2023-now)
- Anti-aging and Preventive Medicine Doctor, Wellness center, Nakornthon Hospital (2023-now)
- Anti-aging and Preventive Medicine Doctor, Jin Wellness center, Thonburi Bamrungmuang Hospital (2022-2025)
- Former Anti-aging and Preventive Medicine Doctor, Health Promotion Hospital Metropolitan Health and Wellness Institution, Department of Health (2021-2022)

Education and Training:

- 2007 Doctor of Medicine, Faculty of Medicine Siriraj Hospital, Mahidol University
- 2008 Higher Graduate Diploma in Clinical Medical Sciences (Radiology), Faculty of Medicine Siriraj Hospital, Mahidol University
- 2010 Thai Board of Radiation Oncology, Faculty of Medicine Siriraj Hospital, Mahidol University
- 2021 Thai Board of Preventive Medicine, Public Health, The Medical Council of Thailand
- 2021 Fellowship in Anti-aging and Regenerative Medicine, College of Integrative Medicine, Dhurakij Pundit University
- 2022 American Board of Anti-aging and Regenerative Medicine (ABAARM)
- 2023 Basic Genomic Medicine for Clinical Specialist (Refreshing Course)
- 2024 Certificate in Genetic Counseling, Faculty of Medicine Ramathibodi Hospital, Mahidol University

Clinical experiences:

- Hormone imbalance:
 - Low Testosterone / Andropause,
 - Estrogen Dominance / Menopause,
 - Adrenal Fatigue / Cortisol Imbalance,
 - Thyroid Dysfunction (Hypothyroid, Subclinical Hypothyroid)
managed approximately over than 500 cases in the past 5 years
- Nutritional imbalance:
 - Micronutrient insufficiency/deficiency
managed approximately over than 500 cases in the past 5 years
- Metabolic dysfunction:
 - Insulin Resistance,
 - Metabolic Syndrome,
 - Pre-diabetes / Early Type 2 Diabetes,

- Non-Alcoholic Fatty Liver Disease
managed approximately over than 500 cases in the past 5 years
- Mitochondria dysfunction:
 - Cognitive decline,
 - Brain fog
 - Chronic fatigue syndromemanaged approximately over than 500 cases in the past 5 years
- Gut dysbiosis (by stool analysis / food intolerance / candida overgrowth)
managed approximately over than 300 cases in the past 5 years
- Life-style related aging factors:
 - Poor Sleep quality / Poor circadian rhythm,
 - Stress overload,managed approximately 500 cases over the past 5 years
- Detoxification dysfunction (by based on blood/urine/tissue heavy metal testing)
managed approximately over than 200 cases in the past 5 years
- Post treatment Cancer care, managed approximately 50 cases in the past 5 Years
- Genetic counseling, managed approximately 20 cases in the past 2 Years